

Aroma Restaurant

Menu

Starters / Entradas

Soup of the day, served with bread & butter / Sopa do dia	£3.00
Garlic bread / Pão com alho	£2.50
- With cheese / com queijo	£2.75
- Cheese & pepperoni / queijo & peperoni	£3.00
Chorizo on fire / Chouriço assado	£4.90
Hummus & pitta bread	£3.70
Portuguese style clams in lemon sauce / Amêijoas à bolhão pato	£5.50
Mussels / Mexilhões à Espanhola	£6.00
Garlic prawns in lemon sauce / Gambas à guilho	£6.00
Shrimp a la chef / Gambas à chefe (Mustard & whiskey sauce / Molho mostarda & whiskey)	£9.50
Calamari	£4.50
Chicken gizzards / Moelas	£4.50
6 BBQ chicken wings	£4.99
Octopus salad / Salada de pota	£4.50

Platters

Mediterranean platter (Cheese, prosciutto, chorizo, bread sticks, olives & olive oil w/ feta cheese & Italian bread - Focaccia bread)	£14.50
Portuguese platter (Selection of Portuguese bread, marinated olives, butter & Pâté)	£3.75

Pasta

Carbonara tagliatelle (Bacon or ham w/ mushrooms)	£9.50
Creamy chicken & mushroom tagliatelle	£9.50
Seafood tagliatelle	£11.99
Spaghetti bolognese	£9.75
Beef lasagne	£11.95
Mac n cheese (V)	£9.95
Vegetarian lasagne (V)	£9.50
Tomato & basil macaroni (V)	£9.50

Meat / Carne

Madeira style skewer / Espetada à Madeirense	£16.99
Aroma style 12 Oz steak / Bife à chefe (Ham, cheese, pickles & fried egg)	£17.50
8 Oz steak w/ mushrooms & cream sauce / Bife com cogumelos	£14.99
Bitoque (Steak, fried egg, chips, rice & salad)	£11.50
Costeleta de Novilho / T-bone steak	£23.50
Chicken skewer w/ mushroom & pepper / Espetada de frango, cogumelos e pimentos	£14.50
Chicken stroganoff / Estrogonofe de frango (W/ mushroom & cream)	£12.99
Grilled chicken w/ chips & salad / Frango assado (Lemon or peri-peri sauce / Limão ou piri-piri)	£13.50
Roast chicken breast / Peito de frango assado no forno (Honey & mustard sauce / Molho de mostarda e mel)	£12.50
Chicken tikka with rice / Caril de frango	£11.99
Pork skewer w/ chorizo & pineapple / Espetada de porco com chouriço e ananás	£15.99
Pork chop w/ onion & mustard sauce / Costeleta de porco com molho cebola e mostarda	£10.99
Francesinha (Steak, Portuguese sausage, chorizo, ham, cheese & fried egg in bread on sauce w/ chips)	£12.99
Grilled pork ribs / Entrecosto	£12.99
Fried pork meat w/ clams & fried potatoes / Carne de porco à Alentejana	£11.50
Lamb chops w/ mint sauce / Costeleta de Borrego c/ molho de menta	£13.99
Traditional lamb hot pot	£12.50
Traditional shepherd's pie	£9.00
Sausage, mash & peas w/ gravy	£9.95

All mains include 2 sides, any extra side £2.50.

Fries, wedges, mash, boiled potatoes, rice, peri-peri rice, onion rings, mixed salad (lettuce, tomato, cucumber, onion & carrot) and tomato salad (tomato, red onion, oregano and olive oil)

Fish / Peixe

Fish skewer / Espetada de peixe (Salmon, squid, onion & pepper / Salmão, lulas, cebola e pimento)	£16.50
Grilled octopus on garlic and olive sauce w/ potatoes / Polvo à lagareiro	£16.90
Boiled octopus w/ potatoes, boiled egg and vegetables / Polvo cozido com todos	£16.50
Cod Minhota style / Bacalhau à Minhota (W/ peppers, olives & fried onion)	£15.90
Bacalhau à bras	£10.90
Bacalhau com natas	£10.50
Grilled salmon w/ creamy pesto sauce / Salmão grelhado	£12.50
Grilled sea bass / Robalo grelhado	£11.99
Grilled sardines w/ potatoes & pepper salad / Sardinha assada com batata e salada pimento assado	£10.50
Fish & chips w/ mushy peas	£9.50
Seafood rice for 2/ Arroz de marisco (2 pessoas)	£25.50
Açorda de marisco (2 pessoas)	£22.50

Vegetarian

Curry (Pepper, courgette, mushroom & sweet potato w/ rice)	£9.75
Macaroni w/ avocado, tomato & lime	£8.50
Vegi fingers w/ chips & salad	£4.95

Kids meals

(Includes 1 scoop of vanilla, strawberry or chocolate ice creams w/ chocolate or strawberry sauce)	£5.00
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Chicken Nuggets & chips
Fish fingers w/ chips and peas
Sausage w/ mash & peas
Mini spaghetti bolognese
Mac & cheese

Deserts / Sobremesa

Fudge cake w/ whipped cream or vanilla ice cream	£5.49
Cheesecake	£3.25
Custard pudding / Pudim de ovos	£3.25
Ice cream (Vanilla, strawberry and chocolate)	
- 1 scoop	£1.20
- 2 scoops	£1.90
- 3 scoops	£2.60

(Add strawberry or chocolate sauce for £0.50)

Other deserts available daily, please ask a member of staff for details

Wines

Opta Dão red wine / Dão vinho tinto	
- Bottle / Garrafa	£18.50
- Glass / Copo	£6.00
Opta Dão white wine / Dão vinho branco	
- Bottle / Garrafa	£18.50
- Glass / Copo	£6.00

For allergy and dietary requirements, please speak to a member of staff